



Karen

Clinical Psychologist · AAPi member

Warm, evidence-based therapy in Bundoora, and via secure telehealth Australia-wide. I work with adults, children and adolescents (6–17), and parents.

REGISTRATION

AHPRA · Clinical

BACKGROUND

Hospital · School · Private

LOCATION

Bundoora · Telehealth

CLINIC DAYS

Mon · Wed · 9–3

ABOUT

Karen brings clinical experience across hospital, school, and private practice settings. Her work is grounded in warmth, authenticity, and evidence-based approaches tailored to each person.

AREAS OF FOCUS

Anxiety · Depression · Grief and loss · Trauma · Life transitions · Family and relationships · Burnout · Identity · Parenting

APPROACH

Cognitive-behavioural therapy (CBT) · Acceptance and commitment therapy (ACT) · EMDR · Attachment-focused work · Mindfulness-based approaches.

HOW TO REFER

1. Email the Mental Health Care Plan and brief patient details to admin@mindwisepsychology.com.au
2. Or call **0450 963 265** to discuss a referral.
3. Karen contacts the patient within one business day to schedule.

CURRENT WAIT TIME

Typically 1–2 weeks for a first appointment.

FUNDING ACCEPTED

Medicare (with valid MHCP) · NDIS (self / plan / agency-managed) · Workcover · TAC · Private health funds (varies by insurer)

FULL SESSION FEE

\$240

50 minutes

MEDICARE REBATE

\$149.05

with valid MHCP

OUT-OF-POCKET

\$90.95

per session

Get in touch

19 Kerri St, Bundoora VIC 3083
0450 963 265 · admin@mindwisepsychology.com.au

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